



Inside facts to help newcomers fit in fast

An Army post that honors its military tradition, Carlisle Barracks has the beauty, charm and convenience of a college campus. The small post features the chapel; a retail area (Commissary, Exchange/ Class VI, Exchange vendors like laundry/dry cleaners, more); a youth area (anchored by the Delaney Clubhouse on one end, the new McConnell Youth Center on the other, with the Moore Child Development Center and youth sports field in between); the medical/dental 'corner;' a campus-wide set of fitness opportunities; and recreational venues scattered throughout the post and adjoining (bowling, golf, movie theater, and LVCC's Pershing's Tavern, Tiki Bar, dance classes, etc).

- The Commissary is open six days a week (closed on Mondays) and features a bakery, custom photo cakes, deli, fresh sandwiches to go, party cakes, rotisserie chickens and sushi.
- The Exchange complex here features a Subway, GNC, barbershop, optical center, pharmacy pick-up and LIMITED clothing sales. There are more uniform options (Army only) available at Ft. Indiantown Gap.
- The Class VI is located inside of the Exchange and is open 9 a.m. to 6 p.m. Mon-Sat and Sunday 11 a.m. - 5 p.m.
- Reynolds Theater shows first run movies on Friday and Saturday evenings, with shows starting at 7:30 p.m. There are also special children's movie matinees scheduled during the year.
- Barracks Crossings is home to the frame shop and auto center.
 - The Barracks Crossing Engraving Studio offers a variety of personalized gift items, trophies, custom designed and scanned images, logos, branch or insignia souvenirs and memorabilia all laser engraved on coated metals and plastics. <http://carlislemwr.com/recreation-fitness/barracks-crossing/framing>
 - The Barracks Crossing Automotive Center at Carlisle Barracks offers do-it-yourself and full-service car repair services including state inspections, oil changes and more. <http://carlislemwr.com/recreation-fitness/barracks-crossing/barracks-crossing-auto-center>



Post information line, Facebook official sources for closures, delays

Wondering where to go for information about post closures, delays?

The best place to check for all official post operations is the information line at 245-3700. Updated at least daily, this number always has the latest on post operations.

You can also register for AtHoc, the posts official mass notification tool. Find out how at <http://www.carlisle.army.mil/banner/article.cfm?id=24037>

Also check the USAWC Facebook page at www.facebook.com/usawc and the Banner at www.carlisle.army.mil/banner

Key post policies

- Dogs are required to be under control on leashes at all times, unless they are in the two on-post dog parks. All waste needs to be picked up by owners as well.
- Speed limit is 15 miles per hour
- Fishing on the post is permitted. Persons 16 years of age and over are required to possess a valid Pennsylvania fishing license. Military personnel become eligible to purchase a resident hunting or fishing license after 60 days residence in Pennsylvania.
- Boats and trailers are not to be parked near quarters or in vehicle parking areas for more than 48 hours. Refer to the BBC Resident Guide for more information. See MWR for storage area usage/availability.
- The use of fireworks on the installation is prohibited.
- Due to liability and safety issues, swimming pools and trampolines are NOT permitted in family housing. All basketball hoops and other recreational items must be removed from street and sidewalks when not in use.
- For safety purposes, no swimming or wading is allowed in streams.

Chapel Services

The Post Chapel supports Catholic and Protestant congregations and services, and can guide all to religious services throughout the region. For more information visit <http://carlislebarracks.carlisle.army.mil/chapel>.

- Vacation Bible School will be offered Aug. 1-5 – you can register by calling 717-245-4330.
- An ice cream social will be held within the first month of the school year to welcome both the Catholic and Protestant congregations.

- A variety of couples retreats and marriages classes are also offered throughout the year.

Fun, fitness for all ages

- The **Splash Zone Swimming Pool** for cool summertime fun. Located behind the Letort View Community Center, it offers a large slide, separate baby pool and splash pad. A sand volleyball court is available on a first-come, first-served basis during pool hours of operation. Volleyballs are available at the snack bar or you may bring your own.
- The **Carlisle Barracks Golf Course** is one of the finest in Cumberland Valley. It measures more than 6,300 yards, has a par 72, and is fully irrigated, with a normal golfing season from April - November. It also features a recently constructed practice facility that includes a driving range, practice putting green, and a green with a bunker. The golf course running/walking track is popular and beautiful and connects to the Army Heritage and Education Trail for added interest.
- **Strike Zone Bowling Center** offers 6 synthetic lanes, automatic scoring, bumper bowling, a pro shop and Strike Zone Pizza.
- **Outdoor recreation** offers easy access to skiing, indoor rock climbing, cycling, white water rafting, camping, or mountain climbing just to name a few. Call 717-245-4616 for more information.
- **Jim Thorpe Fitness Center** - Whether you are looking for the latest equipment, personal trainers, or a variety of exercise classes, Jim Thorpe Fitness Center has it all for you. You'll find all the amenities you need in an environment that makes you feel at home, regardless of your fitness level.
- **Indian Field Fitness Center** - Located across from Root Hall, the fitness center features cardio equipment, free weights, tread mills, elliptical machines and more. The center also has women-only area open from 9-11 a.m. daily.
- **Root Hall Gym**- Located adjacent to the Root Hall academic building, is home to a full size basketball and volleyball court, regulation-size racquetball/handball court, and men's and women's locker rooms with saunas. Seminar basketball and volleyball programs are also conducted here.

Health Care

Dunham U.S. Army Health Clinic is a member of the TRICARE Northeast Region and the Walter Reed Health Care System, which partners with HealthNet to provide care.

Dunham is a non-emergency clinic that offers family medicine, pediatrics, optometry, social work and behavioral health, occupational health, and industrial hygiene services. In addition, Dunham offers immunization, laboratory, radiology, and pharmacy support. A Soldier medical readiness center, which includes travel medicine information, is a recent addition to the offerings.

Appointments

Schedule appointments by calling the clinic information line at 245-3400 or toll free at 1-877-787-2569. Follow the prompts to reach the Appointments Section,

- 1st prompt – 1
- 2nd prompt – 1
- 3rd prompt - 2

Patients must wait for the prompt to begin before making selections. Active Duty calling from an office phone on Carlisle Barracks can dial 106 to schedule appointments for the service member. Cancellations can be made by calling 245-3325, please leave name of patient, sponsor's social security number, date of appointment, and name of provider. Please speak slowly and clearly when using this line.

Don't like waiting on hold to schedule an appointment? You can now schedule your appointments online with only a few clicks of the mouse. If you have questions regarding the TRICARE Program, benefits, or eligibility criteria, please call 1-800-538-9552.

To schedule an appointment online:

1. Go to www.tricareonline.com
2. Read the Online Privacy and Security Policy and click "I AGREE"
3. Log on by entering your Username and Password
4. Click "Appointments"
5. Select "Visit Reason", click "View Available Appointments"
6. Select appointment, or follow the directions to other options.

Army Wellness Center

Carlisle Barracks is also home to an Army Wellness Center. Army Wellness Centers complement care of primary care physicians at installation medical treatment facilities, according to the U.S. Army Public Health Command. The centers provide health promotion services and education tailored to meet individual patient needs. Army Wellness Center programs and services are available to all Army personnel. This includes active-duty soldiers and retirees, their family members, DoD civilians, and Reserve/National Guard components.

For more information call (717) 245-4004.

See something, say something

Carlisle Barracks and the United States Army War College has an "iWATCH" Program; See Something – Say Something. In short, suspicious persons, packages, and vehicles that are seemingly out of place should be reported to the Carlisle Barracks Police Desk at, (717) 245-4115. Anything may be reported and it is important to report the Who, What, When, Where, and Why, to the best of your ability to aid in an investigation.

Another way to report to authorities anything out of the norm by filing a suspicious activity report. This is an automated tool that lets reports be generated anonymously. This report can be accessed at <http://carlislebarracks.carlisle.army.mil/iWatch/SuspiciousActivityReport.cfm>

Calendar of Community Events

Located at <http://public.carlisle.army.mil/sites/communitycalendar/default.aspx>, the Carlisle Barracks Community calendar has everything from Youth Services events to special services or events held at the post chapel. Whether you're looking for something to do next week or next month the calendar has you covered.

The calendar is updated every day, so you'll always have the most up-to-date listings and events. There's also a handy print function if you want to print it out a month and hang it on your calendar.

Opportunities abound for new Army War College students and their families to learn more about their new community during a series of welcome events over the next few weeks. Check out the list below, the Banner Online at www.carlisle.army.mil/banner, the on-post digital signage and the Community Calendar at <http://public.carlisle.army.mil/sites/communitycalendar/default.aspx>

Aug. 1-5 - Vacation Bible School at Post Chapel One of the first opportunities for kids to get to know each other before the school year is the annual Vacation Bible School at the post chapel, which is set for Aug. 1-5 this year. The program is aimed at children aged 4 through 6th grade. Kids can be registered at the post chapel at 455 Mara Circle. Volunteers are welcome for kids and teens 7th-12th grade. For more information or to register call 245-4330.

2- High School Welcome Jam Informal, fun, and free for High School Teens in grades 9-12, scheduled for Tuesday, August 2 from 6 to 9 p.m. at the McConnell Youth Center. Find old friends and meet new ones through ice-breakers, group games, dancing, and food.

3- Middle School Welcome Jam For school students in grades 6-8: scheduled for Wed., August 3 from 6 to 9 p.m. at the McConnell Youth Center: free with ice-breakers, group games, dancing, food.

4- Elementary School Ice Cream Social Ice cream and fun is the way for children in K-5th grade to enjoy their own 'ice' breaker: scheduled for Thursday, August 4, from 6 to 8 p.m.

5- Carlisle to host 'Welcome Jam' for new War College families as part of First Friday event The Carlisle Community will unofficially welcome the Class of 2017 and their Families during a Restaurant Walk & Welcome Jam from 5 to 8 p.m. There will be food tasting, live music, activities for the whole family and more. Area restaurants will have a priced fixed menu and specials as part of their "First Friday" events, which run during the summer. Families are encouraged to "check in" at the Downtown Carlisle Association tent on the square for a map of downtown and the opportunity win prizes good at local restaurants and businesses.

8-12 - British Soccer Camp The annual camp is designed for kids of all ages from 3 to 16. Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages and daily tournaments. For more information visit carlisle.mwr.com

11- Local School Orientation Held in the Army War College's Bliss Hall, a local school district orientation for parents will be held from 2 to 4 p.m. Representatives from local school districts will be

on hand to provide an introduction to their schools and answer questions from parents during breakout sessions.

10- County fair is your key to community services, opportunities County Fair, Aug. 10 from 9 a.m. to 2 p.m., is a great one-day opportunity for newcomers to check out the activities located on Carlisle Barracks, and the businesses and organizations in the Carlisle area. More than 150 organizations participate in this event from area restaurants, churches, specialty stores, news outlets and non-profit organizations, to post activities and services providing information on fitness classes, youth sports, trips and equipment rental, medical services, child care and more. You can find out more by visiting their booths at the LVCC, Jim Thorpe Gym and Lovell Ave.

12- Class of 2016 Convocation The 10-month graduate-level program for the Class of '17 will officially begin with a convocation ceremony in Bliss Hall starting at 8 a.m.

12- Class of 2017 Opening Ceremony Join your fellow students, staff and faculty of the Army War College and Carlisle Barracks for a memorable set of presentations: a drill team demonstration by the U.S. Army 3rd Infantry Regiment, the Old Guard Fife and Drum Corps traditional performance, and a concert by the U.S. Army Band - Pershing's Own, followed by a retreat ceremony Aug. 12 at 4 p.m.

12- Welcome Picnic and Boatyard Wars Immediately following the Opening Ceremony, the Welcome Picnic and Boatyard Wars is a family-friendly event for Army War College students and their families to get to know each other and engage in friendly competition. A rain-or-shine event held at the pavilion behind the Letort View Community Center, features a BBQ buffet, a "kids corner" featuring a bounce house, coloring contest and more. For more information visit www.carlisle.mwr.com

17- Emergency Services Open House The annual event includes police and fire fighting equipment displays, and child ID cards. McGruff the Crime Dog and Sparky the Fire Dog will also drop by at the event from 10 a.m. to 2 p.m.

19- "Jim Thorpe All American" featured at outdoor film night Bring your lawn chairs and coolers for a free outdoor movie featuring one of the most decorated athletes in American history and former Carlisle Indian Industrial School student Jim Thorpe on Indian Field. "Gates" open at 7 p.m., with the movie starting around 8:15 p.m. (or dusk). All attendees will receive free candy and popcorn and other snacks will be available. The movie serves as the kick-off to the Strategic Art Film Program, which runs throughout the academic year.

22- First day of school, Carlisle School District

24- Carlisle Barracks Spouses' Club Super Sign Up Held at the LVCC from 10 a.m. to 1:30 p.m. learn more about the opportunities available with the Spouses Club. For more information <http://www.cbsspousesclub.org/>



THE UNITED STATES ARMY WAR COLLEGE

2016 - 2017 Calendar Highlights

As of 26 JUL 16



August 2016						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

- 1-3 Centralized In processing
- 2-3 Civilian Orientation
- 5 Welcome Jam
- 9/17 SRP
- 10 County Fair
- 11 Resiliency Training
- 12 Convocation/Opening Ceremony/ Picnic & Boatyard Wars
- 15 ISS Begins
- 19 Class Photo
- 23 RWR
- 24 TWS Begins

September 2016						
S	M	T	W	T	F	S
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25	26	27	28	29	30	

- 2/14/28 RWR
- 2-5 Labor Day/Training Holiday
- 10 Fall Yard Sale
- 16 Air Force B-Day
- 19 TWS Ends
- 20/21 SRP
- 20-21 NSSR #1
- 22 SL Begins
- 30 Air/Shipwreck Ball

October 2016						
S	M	T	W	T	F	S
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23	24	25	26	27	28	29
30	31					

- 6-9 Octoberfest
- 7/19/26 RWR
- 7-10 Columbus Day
- 11 Navy Birthday
- 18 SRP
- 20 SL Ends
- 21 NSPS Begins
- 31 Carlisle Barracks Halloween Parade and Trick or Treat

November 2016						
S	M	T	W	T	F	S
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- 2/28 RWR
- 10 USMC Birthday
- 11 Veterans' Day Holiday
- 16 SRP
- 18 NSPS Ends
- 21 TSC/RSP Begins
- 22-27 Fall Recess Begins (1300)
- 24 Thanksgiving
- 29 Classes Resume (0830)

December 2016						
S	M	T	W	T	F	S
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25	26	27	28	29	30	31

- 6 Comd's Holiday Reception
- 4-7 Students Holiday Social
- 7 RWR
- 9 National Guard Birthday
- 10 Army/Navy Game
- 16 SRP
- 16-Jan 2 Winter Recess (1300)
- 25 Christmas

January 2017						
S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- 1 New Years
- 3 Classes Resume (0830)
- 13 RWR
- 13-16 MLK Day/Training Holiday
- 25 SRP
- 27 Civilian Social/Chili Cook-off

February 2017						
S	M	T	W	T	F	S
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26	27	28				

- 1/17 RWR
- 10 TSC Ends
- 13 SRP
- 14 DM Begins
- 17-20 President's/Training Holiday
- 21-28 IF Unified Field Studies Trip

March 2017						
S	M	T	W	T	F	S
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- 1/22 SRP
- 1-5 Unified Field Studies Trip
- 7 DM Ends
- 8 RWR
- 9-10 Global Security Symposium
- 13 Comp Prep Day
- 14 Term II Begins
- 14-24 Comp Exams Period
- 26-1 APR JLASS
- 31 SRPs Due

April 2017						
S	M	T	W	T	F	S
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23	24	25	26	27	28	29
30						

- 4 RWR
- 5-7 NSSR #2
- 13-17 Spring Recess
- 18 Classes Begin (0830)
- 19 Army Reserve Birthday
- 20-22 Jim Thorpe Sports Day
- 25 Army Leader Day
- 26-28 Army Strategy Conference
- 28 Term II Ends

May 2017						
S	M	T	W	T	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

- 1 Term III Begins
- 5-6 DDE AY 19 Orientation
- 9-11 NSSR #3
- 12-13 DDE AY 19 Orientation
- 13 Joint Ball Hershey
- 14 Mothers Day
- 17 NSS Orientation/Grad Brief
- 20 Spring Yard Sale
- 26 RWR
- 26-29 Memorial Day/Training Holiday

June 2017						
S	M	T	W	T	F	S
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18	19	20	21	22	23	24
25	26	27	28	29	30	

- 2 Term III Ends
- 5-8 NSS Week
- 9 Graduation
- 14 Army Birthday
- 18-30 DDE FRC AY 18

July 2017						
S	M	T	W	T	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

- 1-4 Independence Day/Training Holiday
- 11-14 New Faculty Orientation
- 16-28 DDE SRC AY17
- 28 DDE Graduation
- 31-2 Aug AY18 Centralized In-Processing

All events and dates are subject to change. ■ Holidays ■ RWR/SRP Days ● Course Start Days