

CSWC-SL

MEMORANDUM FOR RECORD

SUBJECT: Community Health Promotion Council/Well Being Board (CHPC-WBB)  
Minutes, 17 August 2015

Meeting Attendance:

**Membership**

Chair, CHPC/WBB\*  
Vice Chair (Director, SLDR)\*  
CSM, USAWC  
Chief of Staff, USAWC  
Commander, DAHC\*  
Commander, DENTAC\*  
Commander, USAG\*  
CSM, USAG\*  
G3\*  
CBks Ministry\*  
DAHC/Behavioral Health\*  
DAHC Community Health RN  
USAG Human Resources\*  
Public Affairs Office\*  
Army Community Service\*  
Military Family Life Coordinator  
DPTMS, USAG\*  
Safety Office\*  
ASAP\*  
MWR\*  
DHR\*  
DES  
SLDR, MFP  
SLDR  
SLDR  
SLDR  
EEO, USAG  
Army Wellness Center

**Present/Represented**

COL David Funk  
Dr. Thomas Williams  
CSM Christopher Martinez  
Mr. Keith Norris (rep)  
LTC Michael Belenky  
  
LTC Greg Ank  
  
CH (LTC) Adolph Dubose  
  
Ms. Jo Stepp  
  
Mr. Tom Zimmerman  
Ms. Rebecca Myers  
  
Mr. Chris McCormick  
Mr. John Knowles  
  
Ms. Lisa Riley  
COL Matthew Shatzkin  
Mr. Joe Mallis  
Ms. Dee Connelly  
Ms. Denise Turner  
Mr. Matt Zolgar

\* Positions requiring attendance or designated representation.

1. Opening remarks from the Chair, CHPC-WBB: COL Funk opened the meeting by commending everyone for their efforts on a terrific opening for the new AY 16 USAWC class. He heard from many new students and spouses about how welcomed they felt from the first day they arrived and from every organization they encountered. He encouraged the CHPC-WBB members to continue this great effort moving forward to keep Carlisle Barracks a "Community of Excellence".
2. The 13 July 2015 CHPC-WBB meeting minutes were reviewed and accepted as written.
3. Old Business: An AAR/Update of the July, August, September and October CHPC-WBB themed events and activities was completed.

#### JULY

- Mr. Knowles reported that there were no attendees at the 23 July ASAP Lunch and Learn presentation, "What is Responsible Alcohol Use".

- The ACS 50<sup>th</sup> Birthday activity on 31 July was attended by over 250 individuals.

#### AUGUST

COM: In-Processing (Personnel & Medical Readiness): The AY 16 class Central In-Processing (CIP) went very well. COL Funk heard from one new student who wants to replicate the USAWC's CIP system at his next assignment.

PROG: Welcome and Get to Know Your Community and Peers: The downtown *Welcome Jam* on 7 August was also well attended by USAWC families. The County Fair on 12 August had a huge attendance by both vendors and participants. Dr. Williams made mention of the helpful information provided in the new Carlisle Barracks magazine put out by MWR and ACS.

COM: School Liaison Transition Support (FMWR, SLO): Mr. Zimmerman is publishing on-post bus stop locations for all residents this week. School information put out to the new class was well received.

PROG: Ongoing Summer Safety Campaign (Safety, DES): There will be an Open House at the post fire station which is open to all on 19 August.

PROG: The SHARP Summit will be held in two session all day on 24 August.

#### SEPTEMBER

COM: Performance Triad (DAHC) –Mr. Zlogar met with LTC Karsteter, DAHC Physical Therapist, to discuss plans for promoting the Performance Triad around post. Calendars were distributed with daily health and fitness tips. The Army Wellness Center and DAHC will be providing training and stretching tips to the

teams throughout the softball season. These will continue throughout the year for other sports, as well.

COM: Suicide Prevention Month (SPFT) - Mr. Knowles reports there is no Op Order yet on this mandatory annual training requirement but training sessions have been planned for 10, 24 and 28 September. There are two sessions planned each day at various locations on post and at AHEC using Dr. Roe's video and power point. Small group break-out sessions have also been planned. The USAWC students will meet with facilitators in their seminar groups for training. COL Funk asked Mr. Knowles to contact COL Fee in G3 to put a FRAGO out on this training requirement to ensure compliance by all students, Garrison and USAWC staff and faculty.

COM: Emergency Preparedness (USAG): Carlisle Barracks will assist Ft. Detrick with their full scale exercise in September. Garrison staff members will attend a "Meet and Greet" event at the Cumberland County Emergency Operations Center in September.

PROG: Childhood Obesity Awareness Month and National Cholesterol Awareness and Education Month (DAHC): There will be digital signage, clinic displays, Facebook posts, and possibly signage in the commissary to increase awareness and enhance education. DAHC dietitian may provide a class to youth on healthy eating topics.

## OCTOBER

COM: National Energy Awareness Month (USAG): LTC Ank is working with Mr. Riley to enhance the energy efficiency of the buildings post wide.

PROG: Red Ribbon Campaign (ASAP): This will take place the last week in October with the theme, "Respect Yourself, Be Drug Free". ASAP will coordinate a program with the YS.

PROG: Domestic Violence Awareness (ACS): There is a program planned on Teen Dating Violence.

PROG: National Depression Screening Day (BH, DAHC): DAHC will advertise this day which occurs on 8 October. More info will be coming.

PROG: Breast Cancer Awareness (DAHC): Education is being planned.

PROG: Disabilities Awareness Month (EO): EO and DAHC will work together on this event. Plans include inviting Mr. Rory Cooper to speak again this year at a breakfast event.

4. New Business:

a. The Integrated Master Calendar (IMC) Report: 90 Day Well Being “Significant Events” was reviewed.

b. Mr. Zlogar presented an Army Wellness Center (AWC) briefing on AY 15 DEP student assessment results both during FRC in June 2014 and follow-ups in July 2015 during SRC.

c. There are many events coming up in September and October which will involve the Behavioral Health Working Group.

d. COL Funk discussed the VCSA’s R2 WARNO for revisions to the R2C objectives. This includes tracking trends on ASAP numbers, tobacco usage and prevention efforts, as well as financial readiness, among other metrics. Included is how these trends are tracked, how Working Groups track trends, and how frequently data is shared among groups. A slide listing the Top 10 USAWC/CBKS priorities for Leadership Engagement was included and sent out to all CHPC-WBB members. An example cited by Dr. Williams was for the CB Dental and Health Clinics to share trends on tobacco usage by the USAWC student population.

e. Ms. Lisa Riley discussed the upcoming SLDR Military Family Program offerings to the community. These include Dress for Success, MBTI for Families, Financial Series, and a Marriage Transition presentation for spouses.

f. The CHPC-WBB meeting times for AY16 have been moved to the third Wednesday of each month from 1030-1130 in the CCR.

5. With no other issues before the board, a motion was made and seconded, and the meeting adjourned at 1445.

7. Next CHPC-WBB Meeting: Wednesday, 15 September 1030-1130, MWR.

DAVE FUNK  
COL, IN  
Chair, WBB/CHPC