

DRAFT-PENDING BOARD APPROVAL
CSWC-SL

MEMORANDUM FOR RECORD

SUBJECT: Community Health Promotion Council/Well Being Board (CHPC-WBB)
Minutes, 13 July 2015

Meeting Attendance:

Membership

Chair, CHPC/WBB*
Vice Chair (Director, SLDR)*
CSM, USAWC
Chief of Staff, USAWC
Commander, DAHC*
Commander, DENTAC*
Commander, USAG*
CSM, USAG*
G3*
CBks Ministry*
DAHC/Behavioral Health*
DAHC Community Health RN
USAG Human Resources*
Public Affairs Office*
Army Community Service*
Military Family Life Coordinator
DPTMS, USAG*
Safety Office*
ASAP*
MWR*
DHR*
DES
SLDR, MFP
SLDR
SLDR
EEO, USAG
Army Wellness Center

Present/Represented

COL David Funk
Dr. Thomas Williams
CSM Christopher Martinez

LTC Michael Belenky
MAJ Nickoli Dubyk
LTC Greg Ank

CPT Stanley Gillens (rep)
CH (COL) Gregory D'Emma
Ms. Abigail Hamilton
Ms. Jo Stepp

Mr. Tom Zimmerman
Ms. Rebecca Myers
Ms. Michelle Leader

Mr. Chris McCormick
Ms. Ann Wolf
Ms. Lauren Snyder

Ms. Lisa Riley
Mr. Joe Mallis
Ms. Dee Connelly

Mr. Matt Zolgar

* Positions requiring attendance or designated representation.

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1. Opening remarks from the Chair, CHPC-WBB: COL Funk opened the meeting by introducing new members of the CHPC-WBB: CSM Martinez, USAWC CSM; LTC Gregg Ank, USAG Commander; LTC Mike Belenky, DAHC Commander; MAJ Nickoli Dubyk, DENTAC Commander and CPT Stanley Gillens, G3 representative. COL Funk reviewed the overall objectives and importance of the CHPC-WBB mission and its impact inside and outside of Carlisle Barracks, citing the adoption of Army wellness initiatives by the Army of Chile, learned from a former USAWC International Fellow. New USAWC students and families are arriving this month and each person in our community must help to represent and make the best *first impression* possible to these new arrivals and to all.
2. The 10 June 2015 CHPC-WBB meeting minutes were reviewed and accepted as written.
3. Old Business: An AAR/Update of the June, July, August and September CHPC-WBB themed events and activities was completed.

JUNE

COM: Family Transition and Sponsorship –There are several welcome and “get to know you” activities planned. The International Fellows have multiple sponsors and this sponsorship program is well supported by Carlisle Barracks and the Carlisle community off post. New USAWC Staff & Faculty were recently welcomed.

COM: Army Profession (Army Birthday) - *Living the Ethic - The Army Birthday* celebration coincided with LTC Ank’s Change of Command ceremony. He recommended that this be a separate event in the future. The Heritage Foundation also hosted an Army birthday dinner on 13 June at AHEC. It was recommended to combine these two events next year.

COM: Summer Safety (Safety Office) – The Safety Office is running an awareness campaign for safe boating and avoiding heat injuries. The Safety Office continues to send safety information through social media via PAO

PROG: Men’s Health Month, Prostate Awareness & Skin Cancer Awareness- DAHC has published articles on prostate and skin cancer prevention and detection, pool and grilling safety, as well as men’s health issues in its newsletter. The DAHC HEDIS nurse organized displays and educational materials in the clinic atrium.

JULY

COM: Family Transition and Sponsorship- Becky Myers reports that ACS provided assistance to five incoming USAWC families who lost their household goods in a cargo ship fire.

PROG: Distracted Driving Campaign (DES) - DES is planning activities to highlight the dangers of distracted driving, especially with cell phone use. ASAP will offer classes in conjunction with YS summer camp. Ms. Stepp again mentioned the resource person who can provide a presentation on first-hand experience with

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family tragedy involving distracted driving. She will forward this contact information to Mr. McCormick. CSM Martinez emphasized the importance of targeting the newly arrived youth with welcome and safety briefings. Fr. D'Emma asked about the use of a car which simulates distracted driving. Mr. McCormick will look into this.

PROG: Family Health and Fitness/Outdoor Rec Activities (FMWR/CYSS/ODR) – Outdoor Rec has many activities planned throughout the summer months including hikes, bike rides, kayak trips, and various other trips. These are advertised on signage and in *First Choice* magazine.

AUGUST

COM: In-Processing - DAHC staff is prepared for both school and sports physical exams and has started performing them as incoming families arrive. Centralized In-Processing is set to occur in Collins Hall, 27 July - 4 August.

PROG: Welcome and Get to Know Your Community and Peers: There will be a Garrison Newcomers Briefing next Monday, 20 July. The downtown *Welcome Jam* is scheduled for Friday, 7 August. The County Fair will be held Wednesday, 12 August at LVCC and Thorpe Gym.

PROG: Ongoing Summer Safety Campaign: Mr. McCormick continues to work with Hector on the Motorcycle Safety class for military and family members.

SEPTEMBER

COM: Performance Triad –Mr. Zlogar will meet with LTC Karsteter, DAHC Physical Therapist, to discuss this next week and provide an update during the August CHPC.

COM: Suicide Prevention Month- Ms. Wolf reports there is no Op Order yet on this mandatory annual training requirement but training sessions have been planned for 10, 24 and 28 September. There are two sessions planned each day at various locations on post and at AHEC using Dr. Roe's video and power point. Small group break-out sessions have also been planned. The USAWC students will meet with facilitators in their seminar groups for training. Dr. Williams mentioned that since the USAWC is now a DRU the suicide reporting requirements and responsibilities need to be established and well known by all involved.

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4. New Business:

a. The Integrated Master Calendar (IMC) Report: 90 Day Well Being “Significant Events” was reviewed.

b. The Army Wellness Center (AWC) Quarterly Briefing was presented by Mr. Zlogar. He reports the 23 current AWCs have been well utilized and customer satisfaction scores are 97%.

c. The Spiritual Working Group update was provided by Fr. D’Emma. He discussed the MilitaryShare food bank which is a resource for military and veterans and their families in Central Pennsylvania. The sites for MilitaryShare food distribution are at Armories, VFWs, and AMVET locations throughout the 27-county service area. He also presented an info paper on PA Wounded Warriors.

d. Ann Wolf provided information and an info paper on the Federal Employee Assistance Program. This is offered to all federal employees encountering difficulties with stress, family, relationships, alcohol, work, or other concerns at no cost. These services are provided at Letterkenny Army Depot. Becky Myers stated that she has referred individuals to this program and she will attempt to follow up with them about the quality of the services they received and provide that to Ms. Hamilton at DAHC, BH office. Ms. Wolf said she would also ask Mr. Knowles to contact James Holmes at Letterkenny to find out how many individuals have used this service.

e. Ms. Myers mentioned that the Behavior Health Working Group has met and is working possible ways to deal with the increase in marital issues which have been identified.

5. CSM Martinez praised the Outdoor Rec program and ACS for the work they are doing, especially in welcoming the new class. COL Funk also provided closing remarks, thanking everyone for their continued support. He reminded all to be mindful of tracking measures of performance and measures of effectiveness so the CHCP-WBB can validate their community impact.

6. With no other issues before the board, a motion was made and seconded, and the meeting adjourned at 1430.

7. Next CHPC-WBB Meeting: Monday, 17 August 1330-1430, CCR.

DAVE FUNK
COL, IN
Chair, WBB/CHPC