



January 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



February 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		



March 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30



Christian Family Financial Planning 18-19

January (MLK weekend)

Friday 18 January (1700-2100) including dinner:

Saturday 19 January (0830-1530) including coffee & pastry,

lunch and snacks.

Childcare/meals provided for children under age 12.

Take away notebook, informal (Q&A encouraged).

Follow on personal discussion as desired.

No cost, but it is an investment!

RSVP on Chapel bulletin board.

A weekend that will give you the knowledge, techniques and strategies for planning for your family in today's environment...all presented with a Christian perspective.

Ray Porter has presented these seminars in Army, Navy, and Air Force chapels and units around the world. Before retiring, he was considered the Army expert in personal finance. To Ray, the principles of stewardship means we have an even greater obligation to know the "rules of the game" in today's environment, being current, and planning for the transitions of life. *Ray just knows stuff and has perspectives I've never heard from commercial financial planners, sums up an AWC student critique from a prior year.*

Questions: Ray Porter 243-6908 f-s.porter@comcast.net

COME JOIN THE FUN!
TICKETS ARE ON SALE NOW!

US ARMY WAR COLLEGE
MEMORIAL CHAPEL ANNUAL
ST. VALENTINE'S DINNER AND DANCE

Dinner, entertainment, dancing, gift baskets and more!
All adults - single, married, and widowed - are warmly invited.

Tickets/reservations will begin Jan. 5/6

SATURDAY, FEBRUARY 2, 2013

At the IWCC 1830-2230

Cost is \$25.00/person

\$50.00/couple

SEE YOU THERE!



Relocation 1 Stop

PCSing soon?

Now is the time to start making preparation for your next move.

Before starting your new adventure, let us help make your Relocation PCS stress free.

Date: 24 January 2013

Location: 46 Anne Ely Hall, Room 202

Time: 12:00 – 15:30

Listed are the organizations who will be available:

Army Community Service

(Relocation, Employment, Exceptional Family Member Program)

Transportation

Child, Youth and School Services, School Liaison

TRICARE

Military Housing

Balfour Beatty

Call for appointments at 717-245-3685/245-4357 (HELP)

Bring your PCS orders if you have them but they are not required.



2013 Great Decisions Lectures

Friday, Jan. 18, 2013, 1-3 p.m.
AHEC Visitor and Education Center
“Future of the Euro”

By Professor Jef Troxell, U.S. Army War College

How did the 2008 global recession contribute to the development of the euro crisis? The health of the euro affects and is affected by the state of the global economy. How can European Union leaders prevent the collapse of the common currency?

Friday, Jan. 25, 2013, 1-3 p.m.
AHEC Visitor and Education Center
“Egypt”

By Dr. Larry P. Goodson, U.S. Army War College

The popular revolution that ousted President Hosni Mubarak in 2011 ushered in the promise of radical change. Two years later, what is the state of Egyptian democracy? How will the military and the civilian government balance power?

Friday, Feb. 1, 2013, 1-3 p.m.
AHEC Visitor and Education Center
“NATO”

by Professor Raymond A. Millen, U.S. Army War College

How has NATO's agenda evolved since its inception during the cold war? With its military commitment in Afghanistan winding down and a recent successful campaign in Libya, what are the Alliance's present-day security challenges?

Friday, Feb. 8, 2013, 1-3 p.m.
AHEC Visitor and Education Center
“Myanmar and Southeast Asia”

by Retired Colonel Kevin E. Richards, U.S. Army War College

The West has welcomed unprecedented democratic reforms made by Myanmar's government. What challenges must Myanmar overcome before it can fully join the international community? What role can it play in Southeast Asia?

Friday, Feb. 15, 2013, 1-3 p.m.
AHEC Visitor and Education Center
“Humanitarian Intervention”

by Professor Allen D. Raymond, U.S. Army War College

The “responsibility to protect” doctrine has become central to modern humanitarian intervention. When should the international community intervene? Why did the West rush to intervene in Libya but not Syria?

Friday, Feb. 22, 2013, 1-3 p.m.
AHEC Visitor and Education Center
“Iran”

By Dr. Christopher J. Bolan, U.S. Army War College

Suspicion and a troubled history have blighted U.S.-Iranian relations for three decades. How can the United States and Iran move forward? Is the existence of Iran's nuclear program an insurmountable obstacle?

Friday, March 8, 2013, 1-3 p.m.
AHEC Visitor and Education Center
“China in Africa”

by Colonel Thomas E. Sheperd, U.S. Army War College

What interests govern China's engagement in Africa? Should China's growing emphasis on political ties and natural resource extraction inform U.S. relations with African nations?

Friday, March 15, 2013, 1-3 p.m.
AHEC Visitor and Education Center
“Threat Assessment”

by Professor Frank L. Jones, U.S. Army War College

How can the United States address the challenges of a weak economy, homegrown terrorism and nuclear proliferation? What threats and opportunities are presented by the ascendancy of China and by regime change in the Middle East?

*Great Decisions is the publication of the Foreign Policy Association.
These lectures are sponsored by the Carlisle Chapter of the Association of the U.S. Army (AUSA).*



Open to all USAWC students, staff & faculty, Carlisle Barracks community & general public



Ladies Night

Wed., Jan. 30th

6-10 pm



Cooking Demonstration

Karaoke

Drink & Food Specials

Lots of FUN!



www.carlisle-mwr.com

Info: 245-4049

CBSC Cookbook

CBSC Cookbook for 2012-2013 will be fresh and new this year!
It's not going to be as traditional this year because it will be done in a photo book.

The cookbook will be divided into groups of people rather than categories of food.

So here's what to do....

Get together with your seminar or special group and have a pot luck but that sounds boring so lets call it a party! Everyone bring a dish and eat up. Toward the end of your gathering decide on 2-4 recipes to submit to the cookbook as your "group" recipe. Don't forget to take pics of everyone having a good time and submit those as well!

Because we are adding pictures of all you beautiful ladies out there the cookbook will not have as many recipes as before but will be a great memento of this year! If your potluck, sorry party, has too many yummy recipes to decide on just a few send them all in and the cookbook committee will make the super hard choice of narrowing it down.

Things to consider: We want the best of the best recipes. We want the not so common recipes. Also take into consideration the amount of ingredients and complication of the recipe. If there are 20 ingredients and 22 steps to follow than that would probably be a recipe too big for our book. Another idea would be to have a complete meal submitted like a veggie, meat and starch. I know there is a seminar out there that has a fabulous mixologist, bring on the drink recipes as well!!

Please submit all recipes and photos to cookbook@cbspouseclub.org no later than March 7th, 2013 You can use that same email to ask any questions as well!

Thank you,
Amanda Doty
Cookbook committee

CARLISLE BARRACKS SPOUSES' CLUB

Wacky Tacky
Scavenger Hunt

WEDNESDAY, JANUARY 16
10:30 AM TO 1:30 PM @ LVCC

THE HUNT
IS ON!

Looking for a
Good Time?
Beat those
Winter Blues and
Join Your Friends
on a
Wacky Winter
Wednesday!

MENU

SOUPS

Minestrone

Veggie

Italian

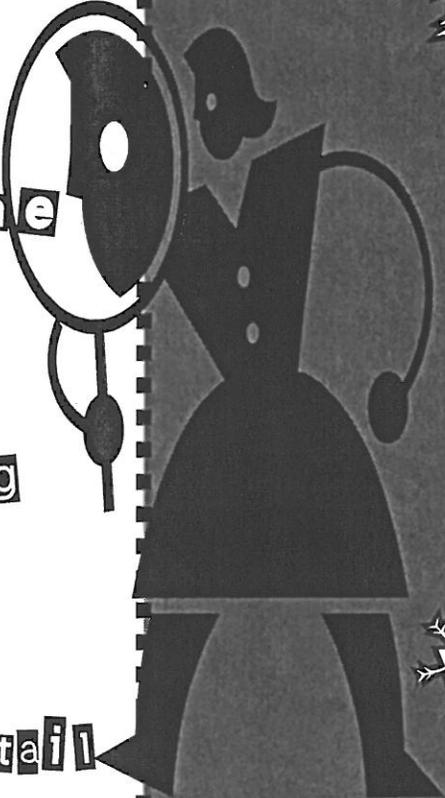
wedding

salad

\$15.00

COZY COCKTAIL

\$5.00



Reservations & Cancellations by Friday, January 11

reservations@cbspousesclub.org

Patti Eassa at 701-8821 or Maggie Landis at 386-5379

CONVERSATION AND CULTURE
January and February - 2013

Below is a schedule for C&C and other events for January and February.
Keep your Tuesdays free for Conversation and Culture (C&C). Also, please remember to wear your nametags. C&C is for adults and children over the age of 18. Most ladies make childcare arrangements for their younger children. Children of IF students are welcome to attend.
Please contact me if you have any questions or concerns.

Beth Woods

Home Phone: 245-0976 Personal cell phone: 717 386-1299 Personal email: gwoods81@aol.com
Work Cell phone: 385-4128 Email: Elizabeth.Woods1@us.army.mil
Home address: 1311 Windsor Court Carlisle, PA 17013

<u>Tuesday, January 8</u>	Chapel. 12:00 – 2:00. Welcome back. Country Presentation for Canada and Mexico
<u>Tuesday, January 15</u>	Chapel. 12:00 – 2:00. Country Presentation for India and Macedonia
<u>Tuesday, January 22</u>	Chapel. 12:00 – 2:00. Country Presentation for Pakistan
<u>Tuesday, January 29</u>	Chapel. 12:00 – 2:00. <i><u>IF spouses only!</u></i> Menu tasting for March luncheon
Tuesday, February 5	Chapel. 12:00 – 2:00. Country Presentation for Malaysia and Germany
Tuesday, February 12	Chapel. 12:00 – 2:00. Country Presentation for Thailand and Korea
Tuesday, February 19	Chapel. 12:00 – 2:00. Country Presentation for Japan and _____
Tuesday, February, 26	Chapel. 12:00 – 2:00. TBD. Make up day for presentations or alternate program

WEATHER CONCERNS: A 2 hour delay for the Carlisle Area School District will NOT affect C&C.
A school cancellation for the Carlisle Area School District will cancel C&C.

Other dates for your calendar:

<http://publicportal.carlisle.army.mil/sites/comcalendar/Pages/calendar.aspx>



African American Leaders and Their Impact Essay Contest



Sponsored by the United States Army War College
African American / Black History Month Observance

Recommended format. Entries limited to 500 words or less, in essay format.

Overview. The United States Army War College is sponsoring an essay writing contest open to 6th, 7th and 8th grade students from the school districts in the Carlisle area. Each essay should focus on an African American leader who has made a positive impact on our society.

African American leaders can be selected from any segment of our society - military, political, sports, etc. The subjects can range from well-known, historical figures who are easily researched, to perhaps leaders in the local community.

Each school will conduct an internal competition to decide on the best essay from each grade (6th, 7th and 8th). Each school will need to have completed their contest and announce the winners from their school by February 1, 2013. The names of the winners along with a digital copy of the winning essays will be forwarded to the USAWC Project Lead, Lieutenant Colonel Panko (717-245-4093) via email at michael.e.panko.mil@mail.mil.

The three winners from each school will be recognized publicly at an observance on Carlisle Barracks, scheduled for February 21st, from 11:00 AM to 12:30 PM. Two school officials and 1 parent or legal guardian per child are also invited to attend. Light refreshments will be available, and leaders from the local and state government are invited to attend to highlight the event. The submitted essays will be combined in a digital format to the Commander USAWC, invited distinguished visitors and participating schools prior to the recognition ceremony. For travel to Carlisle Barracks and any other questions on this event the USAWC contact is Lieutenant Colonel Panko (717-245-4093); email: michael.e.panko.mil@mail.mil

Timeline.

- | | |
|---------------------|---|
| February 1st, 2013 | All contest winners finalized. Names of winners, along with essays provided to USAWC Project Lead Lieutenant Colonel Panko. |
| February 21st, 2013 | |
| 1100 | Arrival at Bliss Hall, Carlisle Barracks.
Light refreshments available |
| 1100-1125 | Orientation of participants for the event
Discuss the sequence and walk thru as needed |
| 1125-1130 | Move to seating |
| 1130-1230 | Recognition ceremony.
Remarks by select Distinguished Visitors
Remarks by Commandant, USAWC
Recognition of each contest winner and participating schools |
| 1230 | Ceremony ends; photos and follow on discussions in foyer of Bliss Hall |

Sign-up for **FLAGS** (Facilitating, Leadership And Group Skills)

Who? U. S. Army War College Spouses

Why?

- To understand yourself better.
- To better understand how you interact within a group.
- To learn how you naturally handle conflict, effectively use your situational leadership style, and bring forth your unique strengths.
- To recognize group dynamics and how that can impact you and your groups.
- To meet and interact with your peers.
- To have fun!

What is FLAGS?

We are frequently asked this question, and the best way to answer is with an analogy.

Describing your FLAGS experience by listing its parts (components listed above), is about as effective as describing an iPod by listing its parts.

To enjoy and get the most out of an iPod does not require that you know the parts. What's more important is your unique EXPERIENCE while listening to the great music.

It's the same with the FLAGS workshop. It's not so important that you know the parts. What is more important is your unique EXPERIENCE of FLAGS.

When?

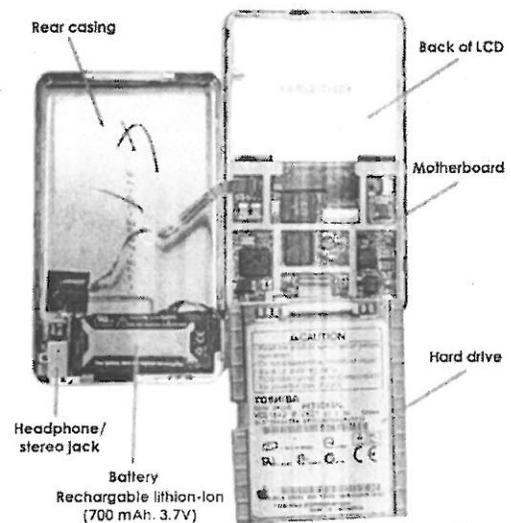
- January 28 – February 1 OR March 11-15, 2013
- 8:30 – 3:00 (and worth every second)

How?

To sign up...see the Green Sheet or the electronic Community Calendar for session information. Call the Military Family Program at 717-245-4787 or email Christine.e.yuengert.civ@mail.mil

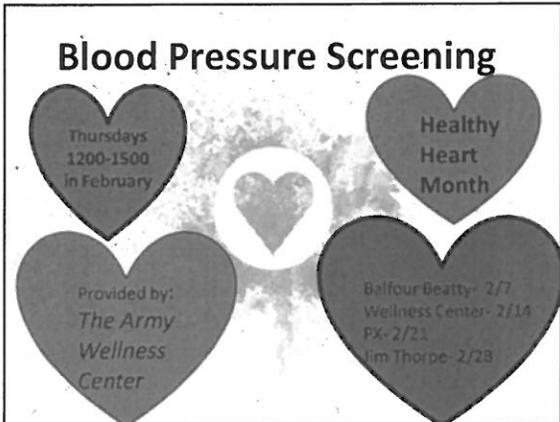
Components of FLAGS:

- Seven professionally designed instruments / assessments to help you understand yourself better and how you interact within a group.
- Exercises and small group discussion.
- Thought provoking discussion on a variety of topics.
- Lots of fun and so much more.



Come find out what everyone is talking about, but no one quite knows how to describe.

Blood Pressure Screening



Thursdays
1200-1500
in February

Healthy
Heart
Month

Provided by:
The Army
Wellness
Center

Balfour Beatty- 2/7
Wellness Center- 2/14
PX- 2/21
Jim Thorpe- 2/28

Going Steady with Wellness

Celebrate the month of love and healthy hearts
with
Couples Assessments at the Army Wellness Center

Week of February 11-15th
Call 717-245-4004 for your appointments

On Valentines day, couples will receive a special gift after
completing their assessments!

Wellness Learning Series

In partnership with Balfour Beatty the Army Wellness
Center will be offering classes on:

January 22nd -Stress Management
January 29th -Importance of Exercise
February 5th -Balfour Beatty's Homemade Cleaning Supplies
February 12th -Nutrition for Adults and Children

Open to Everyone! Delaney Field Clubhouse 1:30-2:30 pm

Chance to win a fabulous prize at the end of the
series!