

ATWC-DPF

MEMORANDUM FOR RECORD

SUBJECT: Community Health Promotion Council/Well Being Board (CHPC/WBB)
Minutes, 14 January 2015

Meeting Attendance:

Membership

Chair, CHPC/WBB*
CSM, USAWC
Director, SLDR, USAWC*
Chief of Staff, USAWC
Commander, DAHC*
Commander, DENTAC*
Commander, USAG*
CSM, USAG*
G3*
CBks Ministry*

DAHC/Behavioral Health*
USAG Human Resources*
Public Affairs Office*
Army Community Service*
DPTMS, USAG*
Safety Office*
ASAP*
MWR*
DHR*
SLDR, USAWC
SLDR, USAWC
SLDR, USAWC, MFP
SLDR, USAWC
SLDR, USAWC
EEO, USAG
Army Wellness Center
Security Manager
DPW – Chief Army Housing

Present/Represented

COL David Funk

Dr. Thomas Williams

Ginger Wilson-Gines (rep)
COL Michael Garvin
LTC Kimberly Peoples

MAJ Nicole Brooks
CH (COL) Gregory D'Emma
CH (LTC) William Barbee
Ms. Ginger Wilson-Gines

Mr. Tom Zimmerman
Ms. Rebecca Myers

Mr. Chris McCormick
Mr. John Knowles
Ms. Rebecca Myers (rep)

Ms. Dee Connelly
Mr. Joseph Mallis
Ms. Laurel Cioppa
Mr. Chris Kusmiesz
Mr. Rob Stanley

Ms. Jennifer Caywood

* Positions requiring attendance or designated representation.

1. Opening remarks from Chair, CHCP/WBB: COL Funk opened the meeting with a presentation of a certificate of appreciation to Ms. Ginger Wilson-Gines, recognizing her for her many contributions to the Carlisle Barracks community and wishing her well on her 22 January retirement.

COL Funk emphasized the increased stress which often occurs over the holiday period and asked the board for indicators they may have witnessed. He mentioned seeing some increased family grief this season and also increased gym participation since the New Year began. Fr. D'Emma addressed concern about increased stress which may be experienced by IF students and families due to recent world terrorist events. COL Funk agreed and feels these students are well monitored by the IF office staff and multiple sponsors, as well as school liaison officers.

2. The 10 December 2014 meeting minutes were reviewed. Changes to minutes: Ms. Ginger Wilson-Gines represented COL Rebecca Porter, DAHC commander, at the December meeting. Also the January programs include DAHC providing glaucoma educational materials, not glaucoma screenings. The minutes were approved with these changes.

3. Old Business:

LTC Peeples and Ms. Myers reported that 98 families in the Carlisle Barracks catchment area were provided assistance over the Thanksgiving holiday, and 30 over the Christmas holiday.

An AAR/Update of the January, February and March CHPC/WBB themed events and activities was completed.

January -

- a. COM: Health, Fitness, Spiritual Resolutions- New *Strength for Wisdom* initiatives have kick off the New Year. The monthly geographic bachelor dinners continue at the chapel and are well attended.
- b. PROG: National Glaucoma Month- Education materials are being provided by the Optometry Clinic of DAHC. There is also an article in the Banner and information posted to Facebook.
- c. PROG: Financial Seminar (Chapel) – A weekend seminar will be presented by Mr. Ray Porter over the Martin Luther King Holiday weekend, 17-18 January.
- d. Mr. Chris McCormick out a monthly Knowledge Newsletter form the Army Safety center

February –

- e. COM: American Heart Month with Wear Red Day (DAHC) – Friday, 6 February 2015. DAHC is doing a media campaign for this event, including articles in

the monthly DAHC newsletter. A Community Health nurse and a Healthcare Effectiveness Data and Information Set (HEDIS) nurse will soon be hired at DAHC which will increase community education and awareness. The AWC, as well as DAHC and the dental clinic will provide BP screening opportunities. COL Funk asked that these screening locations and times are promoted on the digital signage. Tom Zimmerman also plans a Banner article promoting AWC offerings.

- f. COM: (AWC): Wise Health Consumer Month- "Health Smart Items"- AWC will place tags on healthy items at the commissary, as they did last February, to promote healthy food choice awareness.
- g. PROG: (Dental Clinic): National Children's Dental Health Month - CDC children will visit the dental clinic and have short exams done during the week of 23 February. COL Garvin will check on the availability of dental health educational handouts.

March

- h. COM: National Nutrition Month and National School Breakfast Week (AWC) - There will be an educational article in the DAHC newsletter, AWC bulletin board and on Facebook. Ms. Myers will check to see if CDC has any awareness activities planned. Ms. Wilson-Gines reports there is a new dietitian at DAHC who works with CDC.
- i. COM: Mental health and brain Injury (TBI) Awareness/ National Sleep Awareness Week (BH, DAHC) - The DAHC staff will receive training on TBI awareness by a psychologist from the Northern Regional Medical Command. There will also be media advertisements and educational articles provided and information will be posted on Facebook. Ms. Wilson-Gines and the behavioral health Clinic has educational classes planned and will get those posted to the Integrated Master and Community calendars.
- j. PROG: National Colorectal Cancer Awareness Month (DAHC) - The HEDIS & community health nurses will provide educational information on recommended screenings.
- k. PROG: National Inhalants Awareness Week (ASAP) - ASAP will provide education.

4. New Business:

- a. The Integrated Master Calendar (IMC) Report: 90 Day Well Being "Significant Events" was reviewed and updated. Participants were again reminded that "community" events need to be coded with one of the four CHPC/WBB categories (e.g., Family, Social, Physical, Emotional) on the IMC to ensure these events are displayed on the CHPC/WBB projected events for the Community Calendar. Ms. Wilson-Gines and COL Garvin report that staff at

both clinic locations are unable to access the IMC. MAJ Brooks will have Mr. Rob Hoss work to correct this issue.

- b. Members were reminded to ensure their events are listed on the community calendar as this is seen by individuals without CAC cards.
- c. LTC Peebles provided an update to the Monthly Wellness Themes emphasized by the CHPC/WBB. This has been emailed to all members with a request to have suggested changes to LTC Peebles by 1 February so they may be brought to the 11 February meeting.
- d. The Behavioral Health, Physical Fitness and Spiritual Working Groups (WG) presented updates.

Behavioral Health: The WG will target 2-3 areas to gather data and assess trends. These include 1. Services to Children, 2. Child and Spouse Abuse 3. Substance Abuse. Included are referrals to outside providers, services offered on post and in the community, seeing what other installations are doing and offering, continually working with ACS, ASAP, Family Advocacy Committee, the Child & Youth Military Family Life Consultant (ACS) and the child counselor (DAHC) who will both soon be hired.

CH (LTC) Barbee provided information on the recent meeting of the Spiritual Fitness Working Group. The group is consolidating

- e.
- f. John Knowles emphasized the Alcohol Awareness initiatives that were emphasized for the holidays (see Themed events discussion).
- g. Ms. Myers is working to resolve an issue regarding an IF family member who consulted the Military Family Life Counselor for assistance and was told they were ineligible for this service.
- h. CH (COL) D'Emma reminded the group of the Carlisle Band Concert at the Chapel on Sunday, 14 December. CH Barbee will work with Mr. Mallis to ensure appropriate chapel activities are added to the IMC and community calendars.

5. COL Funk provided closing remarks thanking everyone for their many efforts in support of the community and well-being initiatives. He also reinforced the need for everyone to remain vigilant and responsive to the needs of our community.

6. With no other issues before the board, a motion was made and seconded, and the meeting adjourned at 1400.

7. Next CHPC/ WBB Meeting: 14 January 2014, 1330-1430, CCR. Future meetings are scheduled for the second Wednesday of each month, 1330-1430 in the CCR.

DAVE FUNK
COL, IN
Chair, WBB/CHPC