

ATWC-APF

MEMORANDUM FOR RECORD

SUBJECT: Well Being Board/Community Health Promotion Council (WBB/CHPC)  
Minutes, 13 November 2013.

1. Meeting Attendance:

**Membership**

Commandant, USAWC  
Chair, USAWC WBB/CHPC\*  
Director, SLDR, USAWC\*  
Commander, DAHC\*  
Commander, DENTAC\*  
Commander, USAG\*  
G3\*  
CBks Ministry\*  
CSM, USAG\*  
USAG Human Resources\*  
ASAP Prevention and Education\*  
DPTMS, USAG\*  
DAHC, Behavioral Health  
Public Affairs Office\*  
Army Community Service\*  
Safety Office\*  
SLDR, USAWC  
SLDR, USAWC  
EEO, USAG  
Army Wellness Center  
G2  
DPW – Chief Army Housing

**Present/Represented**

MG Anthony Cucolo III  
COL Dave Funk  
Dr. Tom Williams  
COL Rebecca Porter  
COL Michael Garvin  
LTC Kimberly Peeples  
Mrs. Linda Davis  
Chaplain (COL) D'Emma  
CSM Charles Rosado  
  
Mr. John Knowles  
  
Ms Ginger Wilson-Gines  
  
Mr. Robert Stanley  
Mr. Chris Kusmiesz  
Ms Ginny Ivanoff  
Mr. Cory Erhard  
Ms. Tonya Heinbaugh

\* Positions requiring attendance or designated representation.

Opening Remarks: MG Cucolo attended the WBB/CHPC and had no opening remarks.

The September minutes were approved as written.

2. Old Business:

- a. AAR/Update of WBB/CHPC themed events held during September and October:
  - COM (ASAP/DAHC-BH): Multiple sessions of Suicide Prevention Training were provided in September. Approximately 80% of military personnel and 50% of

civilian personnel attended the training sessions. Commandant noted that in the future, individuals need to be held accountable for attending mandatory training.

- PROG (DAHC): Childhood Obesity Awareness Month - Healthy Cooking classes were provided to community youth. Will look into possibility of offering an on-going monthly cooking class as well as potentially link into local school districts/elementary schools for additional educational opportunities.
- PROG (DAHC): National Cholesterol Awareness and Education Month - DAHC provided classes for hypertension, cholesterol and diabetes. In order to provide a holistic approach, class participants were able to meet with a team of health care professionals. Follow-up classes will be offered.
- COM (ASAP): Red Ribbon Campaign - The medication take back program was very successful. Approximately 204 pounds of medications were collected. ASAP provided a drug information/resource table. The drug-free youth poster competition went well. Awards were presented to the winners on 29 Oct.
- COM (ACS): Domestic Abuse Prevention - Purple ribbons were distributed.
- PROG (DAHC - BH): National Depression Screening Day - The depression awareness campaign involved online-screening opportunities and a table display in the DAHC atrium.
- PROG (DAHC): Breast Cancer Awareness - DAHC encouraged wearing pink to show support for breast cancer awareness. The Army Wellness Center coordinated and held a "Jazzercise" class in the Thorpe Hall gym.
- PROG (EO): Disabilities Awareness Month - SFC Romero conducted a program in support of disabilities awareness month.
- PROG (DAHC): Great American Smokeout - Flyers were handed out at the CLIF meeting. Smoking cessation classes will be provided.
- PROG (DAHC): Warrior Care Month - A certified "iRest" instructor offered ongoing classes in the Wellness Center.
- PROG (DAHC): American Diabetes Month - There is a federal awareness campaign. DAHC offered group appointments related to diabetes education. There were seven participants scheduled and nine actually attended.

b. Projected WBB/CHPC themed events

DECEMBER

1. COM (Chapel): Holiday Theme Giving/Charities - Holiday Assistance Program. Families in need of assistance are identified through ACS. Approximately 40-50 families have gone to ACS so far seeking assistance. The Chapel is assisting with the funding. If the Helping Hands Outreach program is successful through the holiday period, then it may potentially be extended throughout the year. Patrons of the Commissary are able to purchase gift bags for \$10 which will be provided to families in need.
  2. COM (ASAP): Drinking and Drugged Driving Prevention Month - A “wrecked” vehicle will be on display at the Claremont gate. Marketing will include a Banner article and digital signage. Lunch and learn sessions will be provided by ASAP and DES discussing responsible drinking, laws, effects of alcohol, ramifications, etc.
  3. PROG (DAHC): National Hand Washing Week
  4. PROG (DAHC): Overeating Awareness - The DAHC Dietician, MAJ Giese, will write an article for the Banner.
- c. Ready and Resilient Campaign (R2C) – COL Funk, DCOM provided an update on the R2C discussing the three phases and four lines of effort.
- d. USAG Garrison/R2C Mission Analysis – LTC Peeples, GC, provided an update on the progress toward the R2C mission analysis and steps to precede. Will meet with Garrison entities for further brainstorming/mission analysis. LTC Peeples would like to consult with Dr. Williams.
3. New Business:
- a. The Integrated Master Calendar Report: 90 Day Well Being “Significant Events”. (Report was Delayed)
  - b. Mr. Cory Erhard, Army Wellness Center Director, provided statistics for AY14 Integrated Community Health Promotion Trends. Focus was on binge drinking statistics.
  - c. Tasking to SLDR to take the lead in developing an “attention getting” message for students related to binge drinking and the impact of excessive alcohol consumption.
  - d. Dr. Williams briefly reviewed the TRADOC Protection Governance Forum slides.

Closing remarks:

- a. MG Cucolo asked the WBB members to focus efforts on students, but need to address permanent party as well.
- b. MG Cucolo asked that the WBB members look ahead to identify information that can be provided to the ACOM for Outreach for inclusion in the STRAT COM meeting for coordination/collaboration.

4. Next WBB/CHPC Meeting: **4 December 2013, 1330-1430, CCR.**

DAVE FUNK  
COL, IN  
Chair, WBB/CHPC