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ATWC-APF

MEMORANDUM FOR RECORD

SUBJECT: Well Being Board/Community Health Promotion Council (WBB/CHPC)
Minutes, 11 September 2013.

1. Members Present:

Chair, USAWC WBB/CHPC*	COL Dave Funk
Director, SLDR, USAWC*	Dr. Tom Williams
Commander, DAHC*	COL Rebecca Porter
Commander, DENTAC*	COL Michael Garvin
Commander, USAG*	LTC Kimberly Peeples
G3	COL Lorelei Copeland
CBks Ministry*	Chaplain (COL) D'Emma
	Chaplain (LTC) Scott Jones
	CSM Charles Rosado
CSM, USAG*	
USAG Human Resources*	
ASAP Prevention and Education*	Mr. John Knowles
	Ms Ann Wolfe
DPTMS, USAG*	
Public Affairs Office*	
Army Community Service*	Ms. Melanie Ramos
Safety Office*	
SLDR, USAWC	COL Clark Lindner
SLDR, USAWC	CPT Teresa Shiels
EEO, USAG	Ms Ginny Ivanoff
	Mr. Kevin Morgan
MFP/SLDR, USAWC	Ms. Laurel Cioppa
Army Wellness Center	Mr Cory Erhard
G2	Ms Tonya Heinbaugh
DPW – Chief Army Housing	Mr. Bif Coyle

* Positions requiring attendance or designated representative.

2. Opening remarks from COL Funk, Deputy Commandant (DCOM), regarding the importance of the WBB/CHPC integrating and cross-walking activities and programs across the command, installation and in helping to identify community resources that are available to the Carlisle Barracks community (Active, Retired, and Civilians and their families). The importance of unity of effort and economy of force, especially in these times of funding constraints, was reinforced. Redundant policies, programs, and agencies will be trimmed or eliminated. The goal of the WBB/CHPC, as well as the Ready and Resilient Campaign (R2C), is Community Health Promotion.

3. The August minutes were approved as written.

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4. Old Business:

- a. AAR/Update of WBB/CHPC themed events held during July and August:
 - COM*-DAHC Lead: USAWC AY14 and AY15 DDE students and newly in-processing AY 14 resident students and USAWC Fellows were provided well-being material on stress management.
 - PROG**-Lead: FMWR/CYSS/Chapel: Family Health and Fitness/Outdoor Activities -Vacation Bible School and the British Soccer Camp were well attended and successful.
 - PROG-Lead: Safety Office: Summer safety campaign is on-going.

*COM-Community-wide effort but one organization is designated lead.

**PROG-Program specific lead and effort, but community assists as resources allow.

5. New Business:

- a. Projected WBB/CHPC themed events

SEPTEMBER

- 1) COM (ASAP/DAHC-BH): Suicide Prevention Month - The Suicide Prevention ALARACT has been published. USAWC Garrison, along with DAHC, has coordination of Suicide Prevention activities and programs. Dr. Inez Roe, DAHC Behavioral Health, will coordinate the training of facilitators to "train the trainer". This training will be held 16 or 23 September. This will be followed by 10 one hour group sessions which will include guided and open discussion during the week of 22 September. There will also be an evening session at the chapel to include families, date to be decided. Advertisement for suicide prevention programs and activities will include the Banner, electronic signage, and notices in student mailboxes.
- 2) PROG (SLDR): In conjunction with Suicide Prevention Month, a PTSD presentation for students by Bob Delaney will be held 17 Sept at 1300 in Bliss Hall. Mr. Delaney will also present a morning session open to the Carlisle Barracks Community, 0930-1100, Bliss Hall.
- 3) PROG (DAHC/MWR): Childhood Obesity Awareness Month - The Army Wellness Center, in conjunction with Lifeworks, presented a Healthy Cooking class to community youth at the Delaney Center. Ongoing youth sports activities are taking place. The YS Center provides a gym for youth. Dr. Tom Williams suggested increasing community awareness of the policy that youth ages 13-16 may use the adult fitness facilities after completing a required certification class.

OCTOBER

- 1) COM (ASAP): Red Ribbon Campaign - ASAP will sponsor a youth poster contest with the theme "A Healthy Me is Drug Free". On 23 October the USAWC gate guards will distribute red pencils. There will also be a resource table set up at the YS Center.
- 2) COM (ASAP/DAHC): There will be a National Medication Take-Back Initiative event at AHEC on Saturday, 26 October, from 1000-1400 for the turn in of unwanted and expired medication.
- 3) PROG (Safety Office): PennDot will provide a presentation to teens during Teen Driver Safety Week in October.
- 4) PROG (DAHC-BH): National Depression Screening Day - There will be a depression awareness campaign utilizing signage, screening opportunities in DAHC Atrium, and on-line screening. The USAWC gate guards will hand out bookmarks.
- 5) PROG (DAHC): Breast Cancer Awareness - The availability of walk-in mammogram screening at DAHC will be published to the community, including at the next CLIF.
- 6) PROG (EO): Disabilities Awareness Month - Educational information will be provided the week of 28-31 October. The Warrior Transition Unit at Ft. Meade will be involved and speakers are planned.

NOVEMBER

- 1) COM (ACS): Military Family Month
- 2) PROG (DAHC): Great American Smoke Out
- 3) PROG (DAHC): Warrior Care Month
- 4) PROG (DAHC): American Diabetes Month

DECEMBER

- 1) COM (Chapel): Holiday Theme Giving/ Charities
- 2) COM (ASAP): Drinking & Drugged Driving Prevention Month
- 3) PROG (DAHC): National Hand Washing Week
- 4) PROG (DAHC): Overeating Awareness

- b. COL Lindner presented a review of the SDLR Strength for Wisdom Program. This new program will coordinate and enhance the Carlisle Experience.
- c. Upcoming Integrated Community Health Promotion tasks were reviewed with emphasis on unity of effort and avoiding redundancies in programs and activities.

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6. Next WBB/CHPC Meeting: 13 November 2013, CCR. (Please note: The 9 October WBB/CHPC was cancelled due to Government Shutdown).

DAVE FUNK
COL, IN
Chair, WBB/CHPC