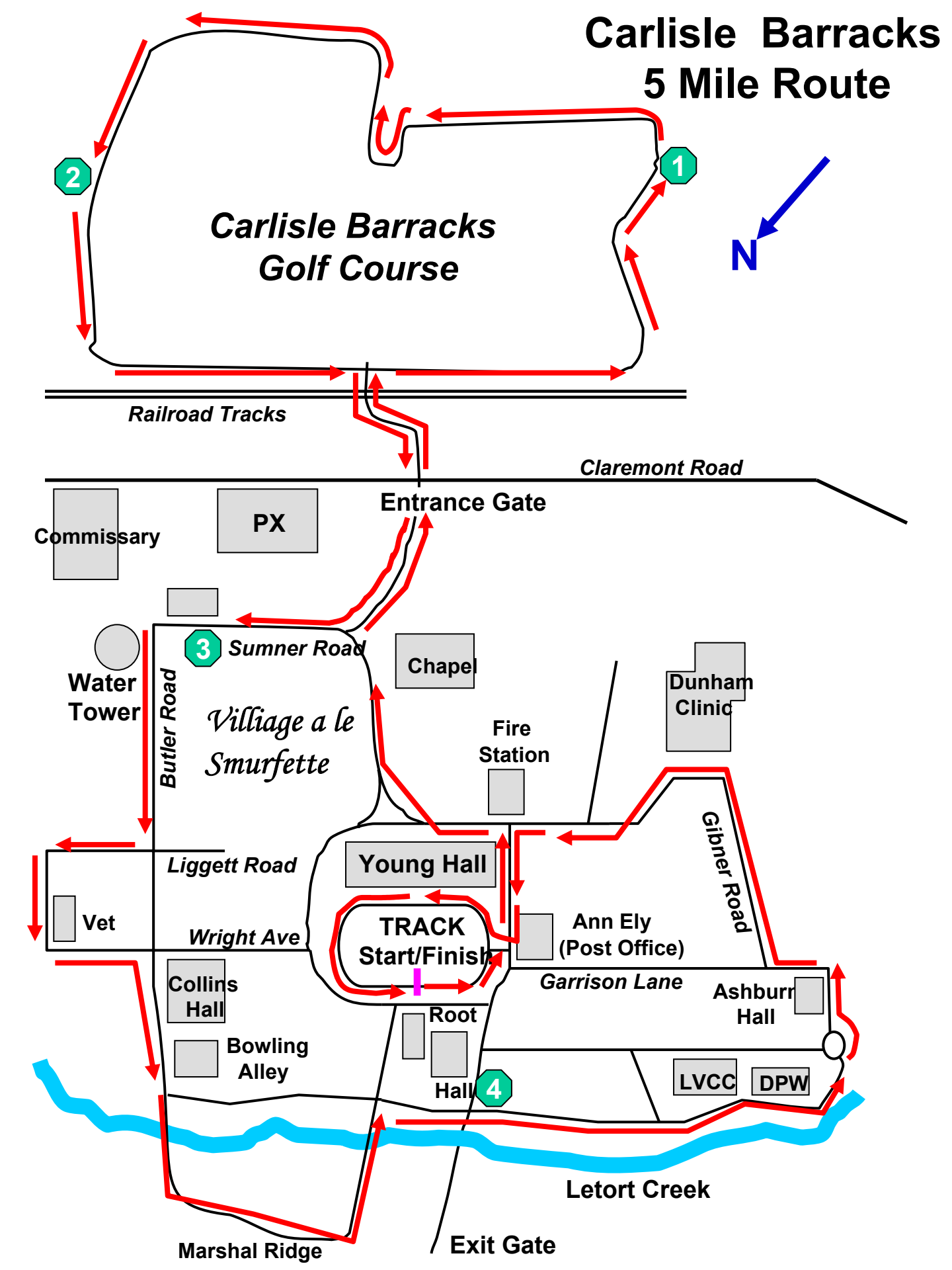Carlisle Barracks 5 Mile Route